New Requirement for GLP-1 Weight-loss Medication Coverage in 2027

In 2027, PEIP will continue to cover GLP-1 medications for weight loss for members who meet clinical criteria. Copays will stay the same, but there's a new requirement to keep this coverage.

Starting in January 2027, adults age 18 and older who take a GLP-1 medication for weight loss must take part in Omada's GLP-1 support program each month to keep their medication covered. There is no cost to individuals to participate in the Omada program.

Why Is PEIP Adding This Requirement?

GLP-1 medications can help people manage their weight, but they are expensive. As more people use these medications, costs have risen for the plan and employees. Some employers have increased copays or stopped covering GLP-1 medications for weight loss altogether. PEIP will continue coverage at the same copay in 2027, with a new requirement to take part in Omada's GLP-1 support program.

What Does This Mean for You?

If you take a GLP-1 medication for weight loss now

In late December, Omada will send you a letter and email with instructions and details about the program.

To maintain coverage for a GLP-1 medication for weight loss, you must first enroll in the Omada program and then complete the following activities within 31 days before each refill:

- Engage with the Omada app or website on at least four different days.
- Weigh yourself using the Omada scale on at least four different days.

You must meet both requirements to keep your medication covered by the plan.

If you are newly prescribed a GLP-1 medication for weight loss in 2027

If you get approved by CVS Caremark, watch your email for an invitation from Omada. They will also send a letter to your home. Enroll in Omada to meet your requirement to get your first prescription covered. Then complete the program requirements within 31 days before each refill.

If you don't take a GLP-1 medication for weight loss

You don't need to do anything. Your coverage remains the same.

What is Omada?

Omada is an online health program that helps participants build healthy habits. The GLP-1 support program includes:

- One-on-one coaching
- Help managing medication side effects
- Support for exercise and strength
- A personal plan and lessons
- A smart scale
- A secure online community

If you already take part in Omada's Prevention and Weight Health program and take a GLP-1 medication for weight loss, you don't need to sign up again. Log on in January and follow the new steps to keep your medication covered.

GLP-1 Weight-loss Medication Coverage in 2027

PEIP will continue to cover GLP-1 medications in 2027. Beginning Jan. 1, 2027, adult PEIP members taking a GLP-1 medication for weight loss are required to enroll in and participate in Omada to maintain coverage for the medications. Omada is a virtual health program designed to support healthy habits and long-term weight management.

- CVS Caremark will continue to manage prescription drug coverage.
- CVS Caremark will continue to require preapproval (prior authorization) for GLP-1 medications for weight loss.
- Copays will stay the same in 2027.

Review these frequently asked questions to learn more about the program, participation requirements and what to expect.

Understanding the 2027 Change

1. Why is PEIP adding a coverage requirement in 2027?

GLP-1 medications can help people manage their weight, but they are expensive. As more people use these medications, costs have risen for the plan and employees.

Employees pay a portion of the monthly medical premium. Premium increases have been higher than average in recent years, in part because of the cost of GLP-1 drugs and more people using them for weight loss.

Some employers have increased copays or stopped covering GLP-1 medications for weight loss altogether. PEIP will continue coverage at the same copay in 2027, with a new requirement to take part in Omada's GLP-1 support program.

Omada provides coaching, education, and resources to help individuals develop healthy habits, manage medication-related challenges and support their long-term health goals. This requirement provides additional support to individuals who take GLP-1 medications for weight loss.

2. Who is required to participate?

Beginning Jan. 1, 2027, adults aged 18 and older covered by the PEIP Advantage Health Plan who take a GLP-1 medication for weight loss must enroll in Omada and take part each month to keep their medication covered.

3. Does the requirement apply to GLP-1s prescribed for other medical conditions?

No. The program is designed for individuals who have been prescribed GLP-1 medications for weight loss.

About Omada

4. What is Omada? What support does the GLP-1 program provide?

Omada is a virtual health program that helps people develop healthy habits. The GLP-1 program provides adults additional support while they take GLP-1 medications for weight loss. Through Omada's website and mobile app, participants will receive one-on-one health coaching, a personalized plan, a smart scale and support specifically for those who take GLP-1 medications for weight loss. Support includes:

- Clinical specialist support to help manage medication side effects
- GLP-1 peer groups and online communities
- Personalized plans to help achieve and maintain a healthy weight even if you choose to stop the medication
- Physical activity specialist to guide safe exercise and build strength

5. Does it cost anything to participate in the Omada program?

There is no charge to members for participating in Omada.

6. Can I continue to see my current doctor and get my prescription at my pharmacy?

Yes. Your provider will continue to prescribe your medications. You may continue to get your prescriptions at any in-network pharmacy. Omada provides additional support between your regular medical appointments.

Enrollment and Eligibility

7. How will I know if I need to participate in Omada? How do I enroll?

If you take a GLP-1 for weight loss today, expect Omada to reach out to you in late December 2026. You will receive a letter and email invitation to enroll in the program, along with instructions on how to get started in January. We recommend enrolling and completing the requirements before your next refill to avoid a gap in coverage.

As of November 2026, the GLP-1 drugs covered for weight loss are Wegovy, Zepbound, Saxenda and Foundayo. The list can change on a quarterly basis.

Program requirements apply no matter how long you have been taking a GLP-1 for weight loss.

If you get approval to start taking a GLP-1 for weight loss anytime in 2027, watch your email for an invitation from Omada. They will also send a letter to your home. The invitation includes information about the requirements and how to enroll. Enroll in Omada to meet your requirement to get your first prescription covered. Then complete the program requirements within 31 days before each refill.

8. When does this requirement start in 2027?

Enroll between Jan. 1 and Jan. 31 to meet the Feb. 1 coverage requirement. After Feb. 1, complete the required activities to continue coverage.

9. If I currently participate in Omada or participated in the past, do I need to enroll again?

If you are currently enrolled in Omada for Prevention and Weight Health, you can log in to your Omada app in January 2027 to begin meeting the requirements for GLP-1 weight loss medication coverage.

If you participated in the Omada program in the past, you need to reenroll for 2027 and begin meeting the program requirements to maintain coverage for GLP-1s for weight loss.

Maintaining Prescription Coverage

10. What are the requirements?

To maintain coverage for a GLP-1 medication for weight loss, you must first enroll in the program and then complete the following activities within 31 days before each refill:

- Engage with the Omada app or website on at least four different days.
- Weigh yourself using the Omada scale on at least four different days.

You can complete both types of activities on the same day. This means you can meet the requirement in as few as four days. You must meet these requirements for each refill.

You participate through the Omada app or website.

11. What counts as engagement?

Each month you can keep track of your progress using the Engagement Tracker in the Omada app.

In addition to the four weigh-ins, your options include, but are not limited to:

- Completing lessons
- Tracking food

- Tracking physical activity
- Participating in group discussions
- Communicating with your Omada team

You may also contact Omada Member Support for help. Omada sends email reminders when you haven't completed the requirements.

12. What happens if I don't meet the requirements before my next prescription refill?

You must meet the program requirements in the 31 days before you refill your medication. If you have not met the requirements, the plan will not pay for your prescription. You have two options:

- Pay the entire cost yourself. The plan will not reimburse you for the expense.
- Complete the program requirements. Once you meet the requirements, the plan will cover your prescription again within about 24–48 hours.

Check the Engagement Tracker in your Omada app to make sure you have met the requirements before refilling your prescription.

13. Will I need new approvals from CVS or a new prescription from my provider because of the requirement?

No. Enrolling in Omada does not require you to get a new approval from CVS or a new prescription.

PEIP's usual prior approval requirements remain in place. The Omada program does not change this process.

Special Circumstances and Getting Help

14. What if a medical condition makes it difficult for me to participate?

Contact Omada to discuss your options if you have questions or concerns about your ability to participate.

15. Can I continue participating in Omada if I stop taking a GLP-1 medication?

Yes. If you continue to be eligible for Omada, you can remain in the Prevention and Weight Health program.

16. How is my personal health information protected?

Omada follows federal and state health information privacy requirements. Review Omada's privacy policy, terms of use and notice of HIPAA privacy practices to learn how their information is collected, used and shared.

17. Who should I contact if I have questions coverage?

Contact CVS Caremark with questions about medications, prior approval or copays.

- **Phone:** 844-345-3234

- **Online:** Log in to your CVS Caremark account and send a secure message.

Contact Omada with questions about joining the program, program activities or health requirements.

- **Phone:** 888-409-8687
- **Email:** support@omadahealth.com
- **Hours**: Monday–Friday, 7 a.m. to 8 p.m. CST